



General Pre-Operative Instructions

Your procedure will be performed at the facility marked below:

South Arkansas Surgery Center
2704 Vine St, El Dorado, AR 71730
870-862-1636

South Arkansas Regional Hospital
700 W Grove St, El Dorado, AR 71730
870-863-2000
(check in at Main Entrance)

Procedure: _____

Date: _____

Arrival Time: _____

Failure to notify our office of cancellation at least **THREE BUSINESS DAYS** before procedure will result in a **\$150 CANCELLATION FEE.**

We will NOT reschedule you more than two times.

***DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT ON THE DAY OF YOUR SURGERY. ***
(INCLUDING WATER, GUM, TOBACCO PRODUCTS, CANDY, ETC.)

The following medications will need to be held prior to having surgery

___ Adipex/Phentermine and all other diet related pills (stop 2 weeks prior)

___ Ozempic, Mounjaro, Semaglutide or similar drugs (stop 1 week prior)

___ Plavix(clopidogrel), Effient, (stop 7 days prior)
___ Coumadin(warfarin), Pradaxa, Xarelto (stop 4 days prior)
___ Aggrenox (stop 5 days prior)
___ Brilinta (stop 3 days prior)
___ Eliquis (stop 2 days prior)

Please notify our office of any new chest pain, shortness of breath or ongoing heart workup

The Day of Surgery

- Remember to bring your driver's license, insurance card(s), and your list of medications.
- Please bathe the morning of your surgery.
- Do not shave near your surgical site. Shaving can irritate your skin, which may lead to infection.
- You can brush your teeth and rinse your mouth, but do not swallow any water.
- If you've been asked to take routine or other medicines on the morning of surgery, please take them with a very small sip of water.
- Wear comfortable, loose-fitting clothing.
- Leave jewelry and valuables at home.
- If you wear contact lenses, please bring your glasses with you.
- Please remove any body piercings.
- Please do not wear cosmetics, eye makeup, lotions, fragrances, or jewelry.
- **Bring a responsible adult to remain at the facility during your surgery and drive you home.**
- Patients under 18 years must be accompanied by a parent or legal guardian.

Because of urgent cases, there may be a delay in the start of your surgery, or your start time could be earlier than expected if last minute cancellations occur. If possible, bring something to read and arrive early.

FAILURE TO COMPLY WITH THESE INSTRUCTIONS MAY RESULT IN CANCELLATION OF YOUR PROCEDURE AND \$150 CANCELLATION FEE.

If you have any questions, please feel free to call or text our office at 870-881-9311.

Medications Before Surgery

Blood Pressure/ Heart Medication

If you normally take a blood pressure or heart medication in the morning, you make take it the morning of your surgery with a small sip of water.

Adipex/Phentermine and all other diet related pills (stop 2 weeks prior)

Diabetic Medication

If you take medicines for diabetes, call the doctor who manages your diabetes to discuss how to manage your medicines for this procedure. ***You should not take your oral diabetes medication on the day of your procedure*** unless otherwise instructed. ***If you take injectable insulin, we recommend that you hold your morning dose.*** Prevent low blood sugar on the day you will be on a clear liquid diet by consuming chicken, beef, or vegetable broth. Keep glucose tablets on hand for any sudden drops in blood sugar. They are available over-the-counter at any pharmacy.

Financial Statement & What to Expect

It is the *patient's responsibility* to make sure all offices have the correct insurance(s).

You will receive ***AT LEAST*** two separate statements for your procedure.

- One statement will be addressed from *Surgical Office of Morgan & Kennedy*. This bill is a result of the professional services provided to you. This is the fee we have charged you for doing the procedure.
- Another statement will be from the facility where your procedure took place. This bill is a result of the facility fee.
- Anesthesia services will also address a statement to you.
- If any biopsies were taken during your procedure, you will receive a separate bill from Lab/Pathology.

Your insurance company will be billed separately for each of these charges. Once your insurance company has paid, it will be reflected on your statement. Please make arrangements to pay the portion that is not covered by your insurance company as soon as you receive your first statement.

Please note that all insurances are different, and it is the *patient's responsibility* to call their insurance and find out what procedures are covered and what is not.

If you have any questions regarding your statements, please call that office directly.

South AR Surgery Center: 870-862-1636

South AR Regional Hospital: 870-863-2000

You will **NOT** be allowed to drive yourself home. Please plan for someone to take you home.

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